



PRAGATI ENGINEERING COLLEGE (Autonomous)



DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING

International Day of Yoga (21-06-2017)

JAM session has been conducted by the Department of CSE on account of International Day Of Yoga too create awareness in students about the health benefits of Yoga.

The idea of International Day of Yoga was first observed by the Prime Minister, Mr. Narendra Modi during his speech at the UNGA, on 27 September 2014. He stated,

"Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise, but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in well being. Let us work towards adopting an International Yoga Day."

- Narendra Modi, UN General Assembly

The day, which is also referred to as Yoga Day commonly, is celebrated on June 21 since its inception in 2015.

The day is celebrated to mark the importance of physical, mental and spiritual practice, which was first originally practiced in India.

The United Nations suggested the date of 21 June, as it is the longest day of the year in the Northern Hemisphere and carries special significance in many parts of the world. It was considered unanimously by the UNGA (United Nations General Assembly).

Participants List:

S.NO	ROLL NO	NAME OF THE STUDENT
1	17A31B0528	Nakka Preethi Sowmya
2	17A31B0529	Nanduri Vinayamrutha
3	17A31B0533	Tatavarty Surya Naga Sai Akhila
4	17A31B0544	Dowrla Harshavardhan Babu
5	17A31B0548	Mandala Sri Revanth Kumar
6	17A31B0551	Palacharla Venkata Naveen
7	17A31A0505	Eluri Sri Powshitha
8	17A31A0509	Guri Udaya Naga Anantha Jyothi
9	17A31A0510	Jyotshna Ganta
10	17A31A0514	Karri Vijaya Lakshmi
11	17A31A0515	Koppana Nagalakshmi



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12	17A31A0558	Venkata Ramana Kandipilli
13	17A31A0559	Yerramsetti Sai
14	16A31A0564	Chittaru Naga Latha Sri
15	16A31A0576	Koyyagurla Rosy
16	16A31A0577	Kunisetti Mani Veera Venkata Ratna Kumari
17	16A31A0595	Amarendra Chowdary Nuna
18	16A31A05C0	Vobhilineeni Sumanth
19	17A35A0504	Rayudu Soniya Priya
20	17A31A0591	Siddanthapu Deepika
21	17A31A0593	Tantravahi Venkata Vijayalakshmi Roja
22	17A31A05B7	Yarrapragada Venkata Satya Rakesh
23	17A31A05B8	Chekuri Krishna Mohan
24	18A35A0511	Kummari Sivanand Sushmanth
25	16A31B0505	Doolla Saivenkatathrylokya
26	16A31B0506	Gandepalli Aneela
27	16A31B0510	Kare Kanaka Prabhasna
28	16A31B0515	Korumalla Santhi Rupika
29	16A31B0519	Nudurupati Sai Tripura Pravallika
30	16A31B0520	P. Sushmitha Devi
31	16A31B0534	Bonam Sriram

Faculty Coordinators:

Geeta Vijaya Kumar , Assistant Professor

K. Jyothi, Assistant Professor