



PRAGATI ENGINEERING COLLEGE (Autonomous)

1-378, ADB Road, Surampalem – 533 437, Near Peddapuram, E.G. Dist., (A.P.)

(Approved by AICTE, New Delhi & Permanently Affiliated to JNTUK & Accredited by NAAC A Grade)

NSS UNIT



Date: 21-6-2018

A REPORT ON **PRAGATI ENGINEERING COLLEGE CELEBRATES INTERNATIONAL YOGA DAY CELEBRATION** **21st JUNE, 2018**

International Yoga Day celebration was organized in Pragati Engineering college campus on 21st June, 2018 jointly by the college NSS & NCC Units under the supervision of the college Physical Education faculty and Yoga trainer Mr. B.Adinarayana. **Dr. P Krishna Rao, Chairman of the college was the Chief Guest of the occasion.**

Dr.P Krishna Rao, Chairman of the college, conveying his message said that “Yoga must be an integral part of our daily life to keep ourselves fit and healthy”.

Dr. S Sambhu Prasad, Principal of the college in his address to the students on Yoga Day said that “Yoga is an important to be healthy for today’s busy life schedule of the people and for students this will help to control stress and double their efficiency”.

As a part of the Programme students along with the staff practiced yoga asanas as Yoga Practice in the Morning session. This programme was coordinated by the college, Lt.J.D.Naidu, NCC officer, P Rajshekhar Phaneendra, NSS Coordinator, Mr.Adinarayana, Physical Director.

Sri M.V Haranatha Babu (Director), Dr.G Raghuram (Director), Sri M Satish (Vice President), Dr. K.Satyanarayana (Vice Principal), Dr G .Naresh (Dean-Admin), Dr P.V.S.Machiraju (Dean- R&D) Senior faculty, HOD’s of all Departments, staff & students participated in the programme.

Programme snapshots



