



PRAGATI ENGINEERING COLLEGE

1-378, ADB Road, Surampalem – 533 437, Near Peddapuram, E.G. Dist., (A.P.)
(Approved by AICTE, New Delhi & Permanently Affiliated to JNTUK & Accredited by NBA)



NATIONAL SERVICE SCHEME UNIT

Date: 22-6-2017

INTERNATIONAL YOGA DAY

A Report

International Yoga Day celebration was organized in Pragati Engineering college campus on 21st June, 2017 by the NSS Unit in association with the NCC Unit.

Dr.P Krishna Rao, Chairman of the college, conveyed his message said that “Yoga must be an integral part of our daily life to keep ourselves fit and healthy”.

Dr. S Sambhu Prasad, Principal of the college in his address to the students on Yoga Day said that “Yoga is an important to be healthy for today’s busy life schedule of the people and for students this will help to control stress and double their efficiency”.

As a part of the Programme students along with the staff practiced yoga asanas as Yoga Practice in the Morning session under the guidance of Yoga Trainer Mrs.K.Lakshmi Devi .

This programme was coordinated by the college, Lt.J.D.Naidu, NCC officer , Mr.P.Rajshekhar Phaneendra NSS Programme Officer & B.Sudheer, NSS faculty co-coordinator ,Mr.Adinarayana,Physical Director.

Sri M.V Haranatha Babu (Director), Dr.G Raghuram (Director), Sri M Satish (Vice President), Dr. K.Satyanarayana(Vice Principal),Dr G .Naresh(Dean-Admin),Dr P.V.S.Machiraju(Dean- R&D)Senior faculty, HOD’s of all Departments, staff & students participated in the programme.



Dr. S Sambhu Prasad, Principal
Speaking at the programme



Students practicing Yoga asanas

